

ROUNDALAB PREFERRED CLASSIC HEAD CUES

MI VIDA

RELEASED: 2008

CHOREOGRAPHER: Kay & Joy Read

RECORD: Mi Vida

CD: The Best Vol. 25, Vivo Latino

ARTIST: Pimpinela

TIME @ RPM: 3:22 @ 45 rpm

FOOTWORK: Opposite

RHYTHM: Rumba

RAL PHASE: IV+2 (Full Natural Top, Opening Out)

SEQUENCE: INTRO A B C Amod B C ENDING

MEAS:

INTRODUCTION

1-4 OP FCG WALL TRL FT FREE WT ; ALTERNATIVE BAS 3X ; ; ;

5-8 NY ; AIDA ; HIP RK 3 ; SLOWLY STP BK TO AIDA LINE ;

PART A

1-2 SWCH X TO BFLY ; CRB WLK ENDING ;

3-4 REV UNDRM TRN ; UNDRM TRN TO CP ;

5-8 ½ BAS ; FAN ; HKY STK ; ;

9-14 FWD BAS ; BK WLK 6 ; ; FULL NAT TOP ; ; ;

15-16 OP OUT TO FC ; W PUSH OFF TO HKY STK ENDING ;

PART B

1-4 ALEMANA ; ; LARIAT ; ;

5-8 NY 4 ; NY ; SPT TRN ; HND-HND TO BFLY ;

9-12 THRU SERP ; ; NY ; SPT TRN ;

13-16 OP CRB WLKS TO BFLY ; ; FNC LINE 4 ; FNC LINE ;

17 SLO HIP RK 2 TO CP ;

PART C

1-4 X BDY ; ; X BDY ; ;

5-8 BRK TO ½ OP ; OP I/O RUNS ; ; THRU SD CL TO BFLY ;

PART AMOD

1-4 CRB WLKS ; ; REV UNDRM TRN ; UNDRM TRN TO CP ;

5-8 ½ BAS ; FAN ; HKY STK ; ;

9-14 FWD BAS ; BK WLK 6 ; ; FULL NAT TOP ; ; ;

15-16 OP OUT TO FC ; W PUSH OFF TO HKY STK ENDING ;

REPEAT PARTS B+C TO OP FCG

ENDING

1-4 ALTERNATIVE BAS 4X ; ; ; ;

5-8 NY ; AIDA ; HIP RK 3 ; SLOWLY STP BK TO AIDA LINE ;

Notes: The choreographer for this dance may not agree with each of the ROUNDALAB preferred cues provided in these Head Cues.

6/24/26